

**ABSTRACT OF THE DISCLOSURE**

Substantially cylindrical condiment containers with extendable and retractable pouring spouts are provided. A dispensing mechanism in each container can be actuated by simply rotating the lower portion of the body of the container, without the need for separate knobs or levers. The dispensing mechanism uses a stainless steel ring-shaped spring in a detent structure which properly aligns an outlet opening with a compartment from which material is to be dispensed, creates a discernable "click" to indicate proper alignment, and serves as a ratchet to prevent rotation of the mechanism in the wrong direction.